Must Read:

• CAPPA lactation educator manual (included at training) *

Must Read One of the Following Texts** and 4 Self Select Books OR Two Texts** and 0 *Self Select Books

• **Counseling the Nursing Mother; Lauwers and Swisher; July 2010; ISBN-13: 978-0763780524
• **Breastfeeding Answers Made Simple; Mohrbacher; Jan 2012

*Self Select List

• Breastfeeding Made Simple: Seven Natural Laws for Nursing Mothers; Dec, 2012; Mohrbacher and Kendall-Tackett

• The Womanly Art of Breastfeeding; La Leche League International; 2010
• Defining Your Own Success: Breastfeeding After Breast Reduction Surgery; West
• Birth & Breastfeeding; Odent
• Breastfeeding an Adopted Baby and Relactation; LLLI; 2007
• Mothering Multiples: Breastfeeding and Caring for Twins and More; Gromada
• Mothering Your Nursing Toddler; Bumgarner
• The Nursing Mother's Guide to Weaning; Huggins and Zedrich
• Supporting Sucking Skills in Breastfeeding Infants; Genna Watson; Feb 2012
• Sweet Sleep; Weissinger, West and Smith; July, 2014; ISBN: 9780345518477

Recommended Books for Further Education

• Coach’s Notebook: Games & Strategies for Lactation Education, Smith
• The Breastfeeding Atlas, Wilson-Clay and Hoover
• Medications & Mother’s Milk, Hale, R.Ph. Ph.D.