



# Certified Lactation Educator™ (CLE®) Training

## CLE® Training Program

Become a Certified Lactation Educator™ with the world's largest childbirth organization, CAPPA. This exceptional and affordable training prepares health professionals and breastfeeding counselors to support and educate in the field of lactation. Prepare to assist the breastfeeding dyad and add to your perinatal services by going to the next level in lactation education. There are no prerequisites for this course. Students who complete the three day training, may enroll in CAPPA Academy and complete the process to become "Certified Lactation Educators™."



**"Christy Jo was a great instructor and her knowledge and enthusiasm kept me engaged the entire time. The visual and hands-on teaching was very conducive to my learning style...Christy Jo will be a great resource for me in the future, both with my career and personally."**



### CLE® Faculty

Christy Jo Hendricks, IBCLC, RLC, CLE®, CCCE, CD(DONA) is an author and international speaker with over 25 years teaching experience. She has worked as a birth and postpartum doula, Lactation Consultant and Health Educator for the Department of Public Health. Her passion for lactation education makes her training both fun and informative.

[View Christy Jo's Curriculum Vitae](#)

### Build Lactation Skills & Counseling Confidence

This course is perfectly suited for anyone who works with prenatal or postpartum moms. The maternal/child professional as well as the community volunteer will benefit from this well-rounded breastfeeding education course.

The CLE® Course is regularly attended by:

- Birth & Postpartum Doula
- Midwives
- Labor & Delivery Nurses
- WIC Peer Counselors & WNAs
- Childbirth Educators
- Postpartum Nurses
- Visiting Nurse Programs
- La Leche League Leaders
- Nutritionists
- Public Health Employees
- NICU Nurses

...and all others supporting the dyad.

Select a link to view

- [Course Description](#)
- [Objectives](#)
- [Agenda](#)
- [Brochure](#)

### AGENDA HIGHLIGHTS

**Breastfeeding Professionals  
Cultural Competencies  
Breastfeeding History  
Adult Learning Principles  
Communication Skills  
Evidenced-Based Practice  
Value of Human Milk**

**Breast Anatomy & Physiology  
Positions & Latch  
Prenatal Concerns & Preparation  
Breastfeeding & Birth  
Kangaroo Mother Care  
Breastfeeding in the Hospital**

**Fathers & Partners  
Pumping/Expressing Milk  
Infant Challenges  
Maternal Challenges  
Medications/Illnesses  
Curriculum Development**

*Check the website for more dates and locations*

Fee: \$470 Early Bird Rate  
\$495 Regular Rate

Times: 8AM-5:00PM Daily  
Credit: 21.25 L-CERPs from IBLCE  
24 CAPPA Credits

Register online at  
<http://www.birthingandbreastfeeding.com/cappa-cle-training.html>

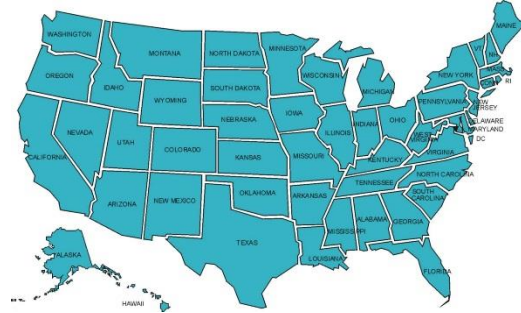


# Certified Lactation Educator™ (CLE®) Training Registration

## Childbirth and Postpartum Professional Association

CAPPA is an international organization that provide birth and postpartum doula certifications as well as lactation certification.

Faculty travel to locations to provide in-person trainings and mentoring opportunities. Attend a training in your area, or host a training. For information on bringing a CLE® Course to your facility, contact Christy Jo at [lactationeducation@outlook.com](mailto:lactationeducation@outlook.com)



## CLE Enrollment Form for Mail-in Registration

CAPPA 20 Hour CLE® Training fulfills the requirements for The Baby Friendly Hospital Initiative, US Core Competencies, doula breastfeeding education and CAPPA Lactation Education Course

NOTE: to secure a spot in an upcoming training, registrations should be completed online within two weeks of training date. Organizations or individuals who prefer to pay by check, may complete this form **in addition to completing the online registration** and mail to PO Box 1431 Banning, CA 92220. Please email [lactationeducation@outlook.com](mailto:lactationeducation@outlook.com) and inform faculty that you are submitting payment through the mail. Please complete this form, include payment, and mail to the address provided at least 3 weeks prior to your training.

Contact Information (please print clearly):

Name: \_\_\_\_\_ Email: \_\_\_\_\_  
*First Last*

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ (primary) \_\_\_\_\_ (secondary) Referred by \_\_\_\_\_

Training Location \_\_\_\_\_ Training Date \_\_\_\_/\_\_\_\_/18

I have completed the on-line registration at [birthingandbreastfeeding.com](http://birthingandbreastfeeding.com) (and hit the submit information button)  
Please make selection:

\_\_\_\_\_ 3 Day Training \$470 or \$495 (price increases to \$495 within 30 days of a training)

\_\_\_\_\_ CAPPA 1 Year Membership \$65 (may also purchase at training, or at a later date through [cappa.net](http://cappa.net))

Total amount enclosed \$ \_\_\_\_\_ Check number \_\_\_\_\_

Please make checks payable to "Birthing, Bonding & Breastfeeding"

For approved organizations paying by Purchase Order, Purchase Order Number \_\_\_\_\_

Mail completed registration form, along with payment, at least 3 weeks prior to your training to:  
Birthing, Bonding & Breastfeeding, PO Box 1431, Banning, CA 92220  
888.502.1677 fax orders  
Email confirmation will be sent once registration has been received.