Thank you for your interest in bringing a Certified Lactation Educator Training™ to your community. CAPPA offers the only Certified Lactation Educator Course (CLE™) available. This training has increased in popularity and attendance, making it a wonderful certification for anyone to add to a resume.

* Daily Schedule

8:00am-8:30 pm Registration and Daily Review
10:10-10:30 am Morning Break
12:30-1:30 pm Lunch Break
3:10-3:30 pm Afternoon Break
5:00 pm Dismissal

*Schedule is a guide for the facilitator and will be adjusted as needed

Day 1
- The CLE Scope of Practice
- Cultural Competencies
- Breastfeeding History
- Adult Learning
- Communication Skills
- Evidenced-Based Practice
- Value of Human Milk
- Marketing of Formula

Day 2
- Anatomy & Physiology
- Positions & Latch
- Prenatal Concerns
- Breastfeeding & Birth
- Successful Starts
- Breastfeeding in the Hospital
- Breastfeeding at Home
- Breastfeeding in the NICU

Day 3
- Nutrition
- Fathers & Partners
- Pumping/Expressing
- Infant Challenges
- Maternal Challenges
- Medications/Illnesses
- Breastfeeding Teaching Skills
- Curriculum Development

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