

Greetings Future Lactation Educators!

Thank you for registering for the upcoming CLE Course in _____ on _____. I'm so grateful that you have made this investment in your own education and in a course that will enable you to serve your community by assisting families in this important public health issue. Please read this entire email. We are anticipating a fabulous training and want you to be prepared for the event.

The CLE Training is packed with breastfeeding updates, interaction and evidence-based information. Everyone attending will receive a Certificate of Attendance along with 21.25 L-Cerps from IBLCE. RDs, Maintain a copy of the agenda and certificate of attendance for CPEs for your Professional Development Portfolio. You must be present the entire day on all three days to earn your Certificate and receive credits for the course.

To prepare for the training, please complete the attached assignments and locate a doll to bring with you to the training.

Checklist for the CLE Training:

- ✓ Complete the attached Pre-Training Assignment prior to the first day of class (You will turn them in on Day 3)
- ✓ Read the attached chapter on The History of Breastfeeding (for class discussion on Day 1)
- ✓ Read "Just One Bottle" (for class discussion on Day 2)
- ✓ Bring a doll for practice and demonstration (preferably close to an actual newborn's size)
- ✓ Read the additional attachments to give you the background information you need for the training and to more effectively serve families

Our days will be packed with a variety of learning experiences and multi-media presentations. Class will begin daily at 8:00 AM and end at 5:00 PM. On Day 1, we will use a few minutes for registration, material distribution and set up. Instruction will start following the preparation time. There is a short morning and afternoon break in addition to the one hour lunch break. You're welcome to bring drinks and snacks for yourself each day. There is a kitchen with a refrigerator and microwave at the training facility.

I have attached a document containing the history portion from the CLE manual. Please read it prior to class. Also, please complete the Pre-training Study Guide which gives a good overview of lactation and the CLE Scope. It is open book, open internet, etc. Please be brief. You can condense long explanations or "cut and paste" the answers into the document. If you have any difficulty with a question, don't worry, we cover most of the answers during the training and I do not collect the Study Guide until the 3rd day of the training. Also, read the article "Just One Bottle" it is a resource we will discuss on Day 2.

I am excited for this opportunity for each one of you. I will provide all class supplies--pens, notebooks, manuals and learning materials--just come ready to learn, share, network, and enjoy an amazing three days of lactation education with other wonderful, passionate individuals. Dress comfortably and wear layers. Some of the rooms I train in have fluctuating temperatures and I want everyone to be comfortable.

Everyone who attends all day each day will receive a Certificate of Attendance which documents the 21.25 L-Cerps and completes the requirements for BFHI and Peer Counseling or Lactation Education hours.

Individuals who desire to continue to certify as a Certified Lactation Educator can pay the membership and CAPPA Academy fees separately. This option is not mandatory and only applies to those seeking the CLE designation.

If you would like to learn more about becoming a CLE, please visit the website:

<http://www.birthingandbreastfeeding.com/cappa-cle-training.html>

I cannot wait to not only share with you, but also learn from you.

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You are invited to join the closed Facebook group specifically for other CLE students. It is a great place to ask questions, share resources and network. Request to join at <https://www.facebook.com/groups/375196415866932/>